

Integrated Care Management

Training Program

Enrolling Now!

REGISTRATION DEADLINE

April 15, 2010

Integrated Care Management represents the next generation of case management — allowing consistent assessment and management of medically complex multimorbid patients.

COURSE REQUIREMENTS:

- Manual Study
- Chapter Tests
- Two (2) Webinars
- Face-to-Face Training in Orlando, FL at CMSA's 20th Anniversary Conference & Expo

MORE INFORMATION AND TO REGISTER, VISIT:
www.cmsa.org/ICM

Over 50 hours of Continuing Education available!

- **CCM (Certified Case Manager):**
CMSA will seek approval for 48 60-minute clock hours.
- **NURSING:**
CMSA is an approved provider by the California Board of Registered Nursing. Provider #CEP11460. This program will offer up to 57.6 50-minute clock hours..
- **NASW:**
This activity will seek approval to the National Association of Social Workers for 48 (60-min) contact hours.



Failure to treat depression can prevent proper treatment of other medical conditions.

Training to help identify and coordinate treatment

Many patients suffer from mental illness along with other physical disease states. Often, these mental illnesses go untreated leading to additional problems for patients. For example, failure to treat depression can prevent proper treatment of other medical conditions as the patient lacks the motivation or desire to improve their health. This problem is less a matter of clinical indifference and more a reflection of the division that has occurred between physical health and mental health within the US healthcare system.

Physical health care managers (e.g. nursing case managers, physicians, pharmacists, etc.) lack specific training in how to identify and coordinate treatment of mental and physical health problems. Rather, they focus solely on assisting with physical disease states. Likewise, mental health care managers (e.g. nurses, social workers, psychiatrists, etc.) often do not have the physical health background to coordinate treatment or relate mental health care to physical disease states that occur in patients with complex conditions where a mental health issues are but one aspect.

CMSA's Integrated Care Management Training Program helps clinical delivery and managed care organizations improve their assessment and treatment of medically complex patients, specifically individuals who face both physical and mental/behavioral health challenges.

YOUR NEW SKILLS WILL ALLOW:

- Consistent comprehensive relationship-based care support
- Complexity-based assessments in the biological, psychological, social and health-system domains
- Coordinated assistance with mental health and physical problems without patient/client handoffs from manager to manager
- Use of complexity-based anchor points to guide specific and targeted actions in achieving care plan goals
- Physical and mental condition outcomes orientation to achieve health stabilization, reduce impairment, improve quality of life, and reduce total health care service use

AND PARTICIPANTS WILL:

- Understand health complexity and its impact on function and cost
- Become comfortable supporting care for behavioral and physical illness in patient/clients with health complexity
- Develop skills in moving complex-high cost patients/clients to health stabilization through comprehensive assessments, communication skills, and integrated care plan with systematic case management procedures
- Learn how to document clinical, functional, quality of life and cost outcomes as a part of case management activities



**INTEGRATED
CARE MANAGEMENT**